

## UNDERSTAND WHAT IT MEANS TO BE A WOMAN TODAY, AND ASSESS THE STATE OF FEMINISM \& GENDER EQUALITY NOW AND FOR THE FUTURE



SAMPLE SIZE
$N=2067$

GENDER
77\% wоме
$19 \%$ меN
4\% non-binaar//NA

## GENERATION

$29 \%$ gen z
$71 \%$ cen Y

MARKETS
$27 \%$ us
$24 \%$ uк
$24 \%$ меNA
$24 \%$ inota

WHAT IT MEANS TO BE A WOMAN TODAY:

## A SHIFT FROM EXPECTATION TO EXPRESSION



## SOCIETY CONTINUES TO PUT PEOPLE INTO 'BOXES' BASED ON THEIR GENDER IDENTITY



Of youth say: "Someone's social standing is primarily based on their gender identity."
$\uparrow 65 \%$ India Women
$\downarrow 39 \%$ US Women
$\downarrow 31 \%$ UK Women



60\%

Of youth say: "I feel that my gender identity is often politicised."
$\uparrow 88 \%$ Non-binary
$\uparrow 72 \%$ Black Women
$\uparrow 69 \%$ US Women
$\downarrow 43 \%$ MENA Women



Of youth say their gender identity plays more of a role today than in the past in how society perceives them
$\uparrow$ 66\% Non-binary
$\uparrow 44 \%$ India Women

## WOMEN ARE SIGNIFICANTLY MORE LIKELY TO EXPERIENCE GENDER DISCRIMINATION THAN MEN

## WOMEN SAY...

01 My mental health
02 My body size
03 My gender identity


18 My sexual orientation

## MEN SAY..

01 My socio-economic class
02 My mental health
03 My level of education


18 My gender identity

## cENDER BIAS IS EVERMWHERE

Q: On a scale of $1-5$, where 1 is "Never," 3 is "Sometimes" and 5 is
"Always," how often do you experience the following as a result of your
gender identity? (\%Always-\%Sometimes)

## WOMEN SAY THEY ARE DISCRIMINATED AGAINST BECAUSE OF THEIR GENDER IN..


$90 \%$ "I think about how I dress and the reactions I might get from others."

88\% "I feel that others are watching and judging me." $\uparrow 94 \%$ Non-binary

81\% "I feel discriminated against, treated unfairly, and/or stereotyped against.'
$\uparrow 94 \%$ Non-binary | $\uparrow 87 \%$ Black Women
79\% "I hear comments/jokes about my identity that make me feel uncomfortable." $\uparrow 90 \%$ Non-binary | $\uparrow 86 \%$ Black Women

$\mathbf{9 2 \%}$ "I do and/or am expected to do most of the household chores." $\uparrow 97 \%$ India Women

86\% "I feel I put/have put more work/thought/sacrifices into my relationship than my partner." $\uparrow 92 \%$ India Women

80\% "I feel pressure to be the breadwinner and provide financially for my (prospective) family."


77\% "I experience microaggressions at my job.'
84\% Non-binary | $\uparrow$ 82\% Black Women
86\% India Women
74\% "I am treated as not being competent at my job." $\uparrow 78 \%$ Black Women
$\uparrow$ 82\% India Women


95\% "I consider whether a certain situation is safe for me before I partake in it (e.g., travelling alone, engaging with strangers etc.)."

71\% "l am not taken seriously by my doctor/healthcare provider." ^ 90\% Non-binary | $\uparrow$ 79\% Black Women

## THERE IS A STARK CONTRAST BETWEEN HOW SOCIETY SEES WOMEN AND HOW WOMEN SEE THEMSELVES

Q: Through a societal lens, which of the following attributes are "women" expected to possess? (overall \%) vs Through your personal lens, which of the following attributes do you feel "women" possess? (women \%)


## THE SAME GOES FOR MEN - THERE IS A MISMATCH BETWEEN HOW SOCIETY SEES MEN AND HOW MEN SEE THEMSELVES



## ON THE INSIDE, MEN AND WOMEN ARE ACTUALLY QUITE SIMILAR

## HOW SOCIETY SEES WOMEN AND MEN

Attributes women are expected to possess via a societal lens
Attributes men are expected to possess via a societal lens


## how women and men see themselves

$\square$ Attributes women do posses via a personal lens
$\square$ Attributes men do posses via a personal lens

WOMEN DO NOT DEFINE
THEMSELVES BY THEIR GENDER, BUT BY WHO THEY ARE ONoTHEINSIDE meaningful to you - i e , it's essential to who you are? (Top 5 out of 18 answer options, \% Women)
01 My personality (69\%)
02 My values (59\%)
03 My hobbies/passions (52\%)
04 My mental health ( $50 \%$ )
05 My social relationships (45\%)
$\downarrow$
13 My gender identity (24\%)
$\uparrow 64 \%$ Non-binary
$\uparrow 38 \%$ India Women
$\downarrow 18 \%$ MENA Women


# THE DEFINITION OF 'WOMAN' HAS EXPANDED TO INCLUDE THOSE 'FEMALE' BY CHOICE 

Q: Who do you believe is included in the term "woman"?



PEOPLE WITH VAGINAS (45\%) PEOPLE WITH UTERUSES (43\%)


## PEOPLE ASSIGNED FEMALE SEX AT BIRTH (54\%)



PEOPLE WHO IDENTITY AS FEMALE BY CHOICE (40\%)
WHOEVER WANTS TO, IT'S UP TO THE INDIVIDUAL (31\%)


## YOUNG PEOPLE ARE PUSHING FOR MORE INTERNAL \& PERSONAL EXPRESSIONS OF GENDER

## 53\% MY PERSONAL EXPRESSION OF CENDER ROLIS

 (i.e., self-determined gender roles that do notadhere to any predefined rules of how someone of a certain gender should be, act, look etc.)
$\uparrow$ 62\% Non-binary $\uparrow 58 \%$ Black Women $\uparrow 58 \%$ US Women

## Q: What percentage of your life would you say you operate by <br> society's expectation of gender roles vs. your personal <br> expression of gender <br> roles? <br> 47\% SOCIETYS GXPEGTATIONG OF cENDER ROLES

(i.e., gender roles defined by society around how someone of a certain gender should be, act, look, etc.)


THE CURRENT STATE OF FEMINISM:

## PURPOSEFUL, BUT POLARIZED



## WHILE FEMINISM TODAY IS VERY MUCH ALIVE, IT IS ALSO HEAVILY POLARIZED



## MANY PEOPLE FEEL EXCLUDED FROM THE FEMINIST MOVEMENT

## HALF

Of youth feel that the feminist movement today is not inclusive.
$\uparrow 55 \%$ India Women
$\uparrow 54 \%$ MENA Women


# MANY ARE RELUCTANT TO CALL THAMSELVES "FEMINIST" DESPITE BELIEVING IN GENDER EqUALITY 

THE FUTURE OF FEMINISM:

## A MORE

INCLUSIVE MOVEMIENT


## FEMINISM MUST ACKNOWLEDGE THE RICHIS OFALL CENDER DENTHIES


\#1 Ensuring equal rights and liberties for women as men have (53\%)

\#1 Ensuring equal rights and liberties for all gender identities (e.g., women, men, transgender, non-binary, etc.) (51\%)
$\uparrow$ 87\% Non-binary
$\uparrow 62 \%$ US Women

## TO ACHIEVE TRUE GENDER EQUALITY, FEMINISMNEADSTO WORK HARDER FOR THOSE HISTORICALLY MARCINALIZAD

82\%

Of women say: "Feminism needs to represent a more diverse group of women (e.g., women of colour, women from a socio-economic background)"
$\uparrow 94 \%$ Non-binary
$\uparrow 89 \%$ US Women
$\uparrow 86 \%$ Black Women

Of women say: "Feminism needs to represent a more diverse group of gender identity (e.g., transgender community, queer community)"
$\uparrow 92 \%$ Non-binary
$\uparrow 86 \%$ India women
$\uparrow 79 \%$ US women
$\downarrow$ 55\% MENA women

## 'FEMINISM' MUST ACCOUNT FOR DISPROPORTIONATE INEQUTIES AMONG women



Young people say feminism should focus on equity (providing equal outcomes)


We need to be intersectional about our feminism. It has to encompass all ethnicities, all genders, and all sexualities. If it doesn't, what are we really fighting for? [...] You cannot cherry pick your equity. You need to be equal and fight across the board.

\author{

- Millennial, Woman,
}

THE PATH TO GENDER EQUALITY:

## REqUIRES

PARTICIPATION
FROM EVERYONE


## YOUTH ARE HOPEFUL FOR A FUTURE WHERE ONE GENDER DOES NOT LEAD OVER ANOTHER



"I like gender definitions because I like being a woman [...] I want the feminist movement to be inclusive but I don't want it to pretend that gender doesn't exist. It's similar to being 'colorblind.'"

## WHILE STEPS HAVE BEEN MADE TOWARDS GENDER EQUALITY, THERE IS STILL WORK TO BE DONE

Q: Where do you believe we are in achieving gender equality, where $0 \%$ - no gender equality and 100\% complete gender equality?
$42 \%$
Non-binary


| 63\% | 71\% |
| :--- | :--- |
| MENA |  |
| India |  |
| Women |  |
|  |  |
|  |  |
|  |  |

complete gender equality - 100\%


## WORK \& HEALTHCARE MUST BE KEY AREAS OF FOCUS FOR GENDER EQUALITY

Q: What do you believe are the most pressing issues when it comes to gender equality?


- 43\% Ensuring equal pay for equal work across all gender identities $\uparrow 50 \%$ Black Women
- 39\% Ensuring equal access to certain education/job field between men and women
- $38 \%$ Ensuring equal parental leave across all gender identities (e g , equal time, pay)
- 35\% Ensuring equal gender representation in leadership positions at work
- 30\% Ensuring equal division of domestic work across all gender identities

- 37\% Normalising talking about maybe taboo women's health topics (e.g., menstruation, menopause) $\uparrow 42 \%$ Gen Z Women
- $35 \%$ Access to safe, legal abortion
- $35 \%$ Ensuring equal access to healthcare across all gender identities
- 31\% Ensuring equal access to contraception across all gender identities
- 31\% Ensuring equal responsibility to take contraception across all gender identities
- $\mathbf{2 8 \%}$ Normalising talking about maybe taboo men's health topics (e.g. erectile dysfunction)


# WHILE WORK AND HEALTHCARE ARE THE MOST PRESSING ISSUES WORLDWIDE, THERE ARE MORE SPECIFIC FOCUSES FOR CENDER EQUALITY BY MARKET 

Q: What do you believe are the most pressing issues when it comes to gender equality?

US

1. Gender issues related to Healthcare (82\%)
2. Gender issues related to Work/Education
(77\%)
3. Gender issues related to Violence (62\%)
$\mathbb{1}+14$ ppts vs Global Average

## YOUNG PEOPLE ARE TAKING SOCIAL AND POLITICAL ACTION TO IMPROVE GENDER EQUALITY

Q: What actions are you currently taking to promote gender equality?


OUNG PEOPLE TAKE SOCIAL ACTIONS AGAINST GENDER INEQUALITY

Speak up when I experience and/or witness a gender discriminatory event

| † 49\% US Women \| $\uparrow 48 \%$ India Women | 44\% |
| :---: | :---: |
| Talking with others about my/their experiences w |  |
| $\uparrow$ 52\% US Women | 42\% |
| Educate myself on how to ask and/or negotiate for | ow I am due |
| $\uparrow 54 \%$ India Women \| $\uparrow 50 \%$ Black Women | 41\% |
| Talking with my partner(s) about equal division of |  |
| $\uparrow 44 \%$ US Women \| $\uparrow 42 \%$ India Women | 39\% |
| Challenge gender stereotypes in my daily life |  |
| $\uparrow 80 \%$ Non-binary \| $\uparrow 50 \%$ US Women | 38\% |
| Openly talk about salaries with others |  |
| $\uparrow 38 \%$ US Women |  |
| Use gender inclusive language |  |
| $\uparrow 87 \%$ Non-binary \| $\uparrow 54 \%$ US Women |  |



OF YOUNG PEOPLE TAKE POLITICAL ACHIONS AGAINST GENDER INEQUALITY

Keep up to date with news/information around gender equality

Engage on social media with accounts/posts that promote gender equality


Vote for gender identities that are underrepresented in positions of power


Shop from women-owned businesses


Not shop from brands that do not support gender equality
$\uparrow 44 \%$ Non-binary $23 \%$

Attend gender equality protests/rallies

[^0]
## THE FUTURE OF GENDER EQUALTYY IS NOT JUST IN THE HANDS OF WOMEN, BUT IN THE HANDS OF SOCIEY AT W/DE

Q: From whom would you like to see more participation when it comes to gender equality and/or the feminist movement?


Of youth say: "Women in general"
†51\% Black Women
^54\% India Women (top \#1)
$\uparrow$ \#1 MENA Women

47\%
Of youth say: "The government"
† 57\% US Women


Of youth say: "Men in general"
$\uparrow 73 \%$ Non-binary (top \#1)
$\uparrow 58 \%$ Black Women (top \#1)


Of youth say: "The media"
$\uparrow 47 \%$ UK Women

Of youth say:
"Companies/brands"
^ 39\% India Women
$\uparrow 38 \%$ US Women

## SEE THE INDIVIDUAL

There is a stark contrast between how society sees people and how people see themselves. Young people are defining themselves not by the gender box they tick but by the values and personalities they hold and express. They are not limiting 'women' to birth certificates, but celebrating womanhood as a choice.

How can brands help dismantle society's gender bias and expectations? In what ways can brands celebrate who people are at their core, regardless of gender?

## ADDRESS GENDER INEQUITIES

While protecting the rights and liberties of women is still a global ambition, the fight for gender equality must expand and work harder to protect the rights and liberties of those historically marginalized, such as women of lower socioeconomic standings, Black women, and non-binary folks.

How can brands strive for equity, not just equality? How can brands correct for historical wrongdoings and further acknowledge the needs of those historically marginalized?

## What would culture look the if sender wasn't a determining factor?

## CONTRIBUTE TO THE FIGHT

We still have a way to go when it comes to gender equality, and young people are doing their part in the fight. Today's youth see brands as a critica partner in the future of feminism and gender equality.

Where can brands do work inside their organizations, ensuring the rights and liberties of all employees? Where can brands leverage their voice and influence in culture, using products, marketing, and creative to further promote a more gender-equal world?



[^0]:    - 28\% India Women $21 \%$

